



The Rich, Sexy & Free Initiation

An initiation into your evolved wealth
frequency, identity, money
relationship, management &
financial overflow

[psychological, behavioural, spiritual &
emotional financial freedom]

www.richsexyandfree.com



Table of contents

- 01 Introduction
- 02 Your Wealth Identity(It begins here))
- 03 Your Soul Visionary (Stage 1)
- 04 The Dependant Receiver (Stage 2)
- 05 The Hero Fighter Princess (Stage 3)
- 06 The Safe And Secure Woman (Stage 4)
- 07 A Wild WEalth Love Affair (Stage 5)
- 08 The Sacred X Factors Of Money - Pt 1
- 09 The Sacred X Factors Of Money - Pt 2
- 10 The Sacred X Factors Of Money - Pt 3
- 11 Final Important Words
- 13 The Rich, Sexy And Free Catalogue [*latest seasons designs*]



01 Introduction

Let's be clear this isn't a fluffy money guide, its an initiation...

It's a full-body wake-up call for the woman who knows she's here for more —not just more money, but more power, more pleasure, more freedom, more truth.

If money still feels like a cycle of feast or famine...

If you're still pushing, proving, fixing, or waiting to be chosen...

If it feels "fine" but not wild and free...

You're not blocked—you're in a money stage & frequency that no one told you about. Until now.

This is the truth about how you're holding money—in your body, your nervous system, your identity—and what it takes to evolve from survival to sovereignty, from craving to conscious creation, from proving to pure rich overflow.

Inside, you'll uncover the psychological, behavioural and energetic shifts women must move through with money within the Sacred X Factors of Wealth to become Rich, Sexy And Free. *(including 8 transmission audios & bonus suggestions)*

You'll discover exactly where you are, what's holding your frequency where it is, and how to become the secure woman for money, wealth, and abundance in your life.

This isn't about fixing yourself.

It's about remembering who you are.

It's about becoming the woman your money's been waiting for.

Everything inside this guide—from the audios to the written words

—is a transmission. An activation. A Permission slip for more.

It's encoded with the frequency of evolution.

And your soul and body will feel it and your mind will know it.

— 02 Your Wealth Identity

[Click Here And Begin With This Transmission!](#)

For the woman becoming the secure container for money, WEalth leadership, and overflow.

There are clear energetic and psychological stages we go through when it comes to money.

These aren't just mindset shifts—they're full-body WEalth identity upgrades.

—Your evolution is NOT linear. Like all growth it can be messy, beautiful, and have radical leaps and slow integration moments that take faith and support.

But above all else it is an elevation of your internal rich consciousness & integrated embodiment that unlocks your MONEY flow, wealth relationship and management, as you begin to own it, be and embrace the love of it.

Money is not just numbers—it's deeply intimate. It shows you where you don't feel safe, seen, worthy, or whole ... yet.

Let's begin your money evolution to rich, sexy and free.

Jo xoxo

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03

Your Soul Visionary (Inner Goddess)

[Click To Listen To This WEalth Transmission Here](#)

SHE already resides within you and has brought you here to this guide to help you to move your HUMAN self into alignment and wealth maturity.

SHE already knows and sees for you what is the vision for you beyond what your limited conscious brain can imagine.

SHE is your divine design
Your soul's blueprint.

The part of you that knows what's meant for you.
Who you are. Why you're here. And what you're here to overflow with.

She doesn't just play with money—she channels it.
SHE is your guiding light
SHE in full alignment with her truth, her pleasure, her abundance.

SHE is your UNIQUE KEY to money...

Your growth edge: To step forward and lean in and say YES to deep devotion to your Inner Goddess, Your sacred design. Leading from your inner Goddess
Be guided to the wisdom and embodiment you need.

Letting money, wealth, abundance become natural overflow. Unapologetic. Alive.



04

The Dependant Receiver (Inner Financial Infant)

[Click Here To Listen To This WEalth Transmission!](#)

This is the part of you that expects & depends money coming from others. Maybe it's a sugar daddy, a partner, family support, or systems like social funding or dependency on a salary (with sacrifice).

It works... but it also keeps you small. You've learned how to receive, but not how to lead, grow, or work with money in a way that's empowered or that it stays and grows.

You don't yet know how to be the secure container.

This inner enfant child version of you is powerful and magnetic

She knows how to get her needs met.

But with the cost of sacrifice of staying powerless & dependant which leads to frustration & resentment that is never YOUR money or only responsive to acceptable and pleasing behaviour. (*this is a survival behaviour)

She just doesn't realise yet how powerful she is.

Your growth edge: Learning to connect with your Inner Goddess and expand into more independent energetic power (abundance) with inner resourcefulness, nervous system security and accepting it OK to mature into your power and release past survival behaviour.

Rich, Sexy And Free Offers That Will Help You Upgrade:

- [The Rich Femme Evolution Portal](#) - Bronze, Silver, Gold Or Platinum





Elevate Your
Wealth
Experience By
Being You

The Hero Princess (Wealth Teenager)

[Click Here To Listen To This WEalth Transmission!](#)

This is the part of you who craves her financial freedom. She can feel her power. She wants to prove she can do it. But she's afraid of herself and so still trying to earn love and money through force or perfection. Always too much or not enough.

This is the realm of the good girl (hero) fixer

("I'll work harder" - Do all the right things, make it better)

She doesn't allow more money

Or the rebel warrior fighter

("Watch me/fuck you I'll make it happen" - She losses money & creates bad debt.

Her energy is chaotic, confused, impatient, selfish - as her inner dark feminine rages & resents against the lack of upgrade into the financial freedom she craves and knows within.

She cannot find clear focus & faith, as she is so busy fighting herself or that or whom she thinks is controlling her. The result is always burnout & feeling like a failure, stuck in a cycle.

Either way, she's trying to prove herself worthy & seeking material /physical validation from other people or the divine. She thinks money is something outside herself to be earned or fought for. Based on wounded patterns in relation to money & resource providers.

Your growth edge: Loving the inner teenager, embracing the your dark feminine "Bitch" energy for a higher value money relationship, and validating yourself . Understanding how to balance your mind, body energy for regulated safety. Upgrading negative money relationship stories.

Rich, Sexy And Free Offers That Will Help You Upgrade:

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06

The Safe Woman (Limited Adult)

[Click Here To Listen To This WEalth Transmission !](#)

You are in a standard of some regulation. You've built a nice life—comfortable, safe, stable & sensible. It's better than what came before. And yet... it's not your fullest truth and you know it!

You've outgrown survival and learning discernment. You give less fucks about things especially other peoples stress. You're no longer stuck in the fight/ hard work proving so much(but you're a bit passionless) You've done self-value work—but the body still needs permission to expand beyond into freedom.

You haven't stepped into wild and pleasurable overflow... yet.

This is where ancestral stories and glass ceilings show up. Confusing stability with safety and maturity with settling. Your WEalth consciousness is limited. Keeping money at a safe flow level and at a distance. Only investing sensibly (*behaving like there is there is only a finite amount of money.*)

Your growth edge: Forgiving ancestral money & survival limitations and trusting you're allowed more. Integrating your inner child and teenager Release negative judgements of expanded wealth , people with wealth and the fear of letting go to overflow. Resolving money management limitations related to masculine or feminine identities. Getting comfortable embodying secure WEalth vibe.

Rich, Sexy And Free Offers That Will Help You Upgrade:

- [The Rich Femme Evolution Portal](#) - Bronze, Silver, Gold Or Platinum



07

A Wild WEalth Love Affair (Sovereign Queen)

[Click Here To Listen To This WEalth Transmission!](#)

in this stage you're no longer negotiating with limitation.

You're not looking for permission.

You are the source. You are the leader. You are the one who sets the tone.

You love money. You play with it.

You know how to call it in, hold it, grow it, cultivate it and lead with it.

Your WEalth consciousness is not only expanded into freedom but embodied as your new norm. [100K months and beyond are your standard]

You've moved beyond the "enoughness" loop and into wild, sacred overflow.

You're in relationship with money the way a Queen is in relationship with her Queendom—loving, powerful, clear, generous, and devoted.

Your growth edge: Embodiment. Embracing your Inner Goddess, and dark feminine who rules and embody's the vision, the values, the standards. Choosing overflow. Again and again. Expanding to a new edge every time. SHE knows WEalth because SHE is overflow.

Rich, Sexy And Free Offers That Will Help:

- [The Rich Femme Evolution Portal](#) - Bronze, Silver, Gold Or Platinum



08 The X Factors Of WEalth

Maturity doesn't just happen in one area. These are the sacred aspects of your money reality—and each one asks you to rise, evolve and integrate

[Click Here To Listen To The Sacred Factors Transmission!](#)

PART 1: RELATIONSHIP WITH MONEY (And Money Providers)

This is the deepest one. The most personal. A wounded relationship with money might look like fear, control, avoidance, clinging, or chaos.


How do you relate to money—as a lover? A parent? A stranger? A threat? Illicit affair or bad?

A mature one feels like love, respect, trust, and deep partnership and devotion.

What you need work with on your Money Story and People Story : Mindset, trauma healing, inner child work, forgiveness and release of ancestral patterning.

Learning how a healthy relationship feels and accepting nothing less than deep self respect and self love (from your inner Goddess) reflected back to you and with other people. And forgiving and appreciating what has come before by yourself and in your conditioning. *The catalogue has lots of designs to help with this sacred factor. The Rich Femme Evolution Membership or Money Love is where we really elevate the relationship with money and providers of money.*

BONUS: Watch This Rich, Sexy And Free Youtube Channel Playlist:
[“ How To Manifest Money & Abundance”](#)



09 The X Factors Of WEalth

Maturity doesn't just happen in one area. These are the sacred aspects of your money reality—and each one asks you to rise, evolve and integrate

PART 2: MONEY MANAGEMENT

This is about how you hold and tend to money.

Are you trying to control it—or are you cultivating it like a sacred garden?

Wounded money management often comes with leaks, fear, shame, or neglect.

Mature money management is about stewardship, skill, devotion, and aligned systems.

What you'll need to develop here: Learning new skills around money language, money methods, anchoring safety in your nervous system, setting money flowing structures that honour your values. *The catalogue has lots of designs to help with this sacred factor. The Rich Femme Evolution Membership is where really cultivate Money Management and growth.*

BONUS: Listen To The Rich, Sexy And Free Podcast Ep 38:

[“From Cheap to Chic — Upgrading Your Wealth Identity Through Everyday Choices”](#)



10

The X Factors Of WEalth

Maturity doesn't just happen in one area. These are the three sacred aspects of your money reality—and each one asks you to rise.

PART 3: MONEY FLOW

This is about how money moves in your world and as an energy, a resource and in your mind and hands.

Is it tight or expansive? Is it feast/famine or steady and rich?

Your money flow tells the truth about your nervous system, your embodiment, and how open you are to receiving, increasing force and and releasing & circulating with trust. This is an feminine force of FLOW in receiving and releasing and circulating.

What you'll need to work on: Nervous system regulation, embodiment, Accepting your unique success Factor (Human Design), shadow clearing of Money Stories, forgiveness, pleasure practices to allow an increase of FLOW. *The catalogue has lots of designs to help with this sacred factor.*

BONUS: Read From The Blog: [Why Women Struggle To Manifest Success](#)

BONUS: Read From The Blog: [Figure The Money Problem Out With The Universe](#)

BONUS: From The Podcast: [Slipping On Your 100K WEalth Identity](#)



Conclusion



[Click Here To Listen To My Final Guidance For You](#)

[Take The WEalth Assessment](#)

This guide was never just about money.

It was about you—your power, your worth, your truth for living, breathing, being, having, receiving and flowing WEalth!

I'm Jo Warwick


I created Rich, Sexy & Free to guide visionary women like you into the next evolution of your wealth, your leadership, and your life.

Not by forcing or fixing—but by remembering who the f**k you are, and returning to the woman you were always born to be.

Rich, Sexy and Free is an interior fashion house. Full of creations & designs ready to assist you in upgrading your inner rich, sexy and free world and create the life you desire with money.

I'm here to help you become the confident, fabulous, secure & wild woman for WEalth to flow —the woman who leads herself unapologetically with love, self-value, and quality consciousness. The woman who walks differently, speaks differently, and holds money, love, and power in a way that rewrites the rules.

Through my background in emotional transformation, embodied energetics, Human Design(I am a 4/6 Projector), psychotherapy, deep money work, and my own lived experience, I hold a sacred, no-fluff space for women to grow into their true capacity.



12

Enter my home.

Your Invited

- 1) Tap the link and take the **WEalth Assessment**
- 2) Join me at any of **my social spaces**
- 3) Click the link and dive on in to my podcast **Rich Sexy And Free!** (it does what is says)
- 4) Click the link and explore and join us inside **The Rich Femme Evolution Portal** and access either the Bronze, Silver, Gold or Platinum memberships
- 5) Reach out to apply for high-level, **one-to-one mentoring** or in person rich, sexy and free salons.

Its time to be in the right room, the right frequency for you to be supported for your rich, sexy and free wealth.

I see you and you look so elegant in your own WEalth Identity that fits, and magnetises the money flow, relationship and growth you know deep down is yours to have...

Check out client wins [HERE](#) & [HERE](#)

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